





- ADHD is a neurodevelopmental condition (involves formation, organisation and function of brain)
- Symptoms should be present in two settings home/school



# What you need to do

- Contact your GP
- Get report from school



• Your GP will make a referral – your child must be over 5 years and less than 17 years of age



• Referral should contain information from school and your concerns



### What happens next

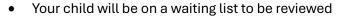


- Referral will be triaged
- If all information is available, the referral will be accepted for assessment of ADHD



# **Next step**





• 12 weeks before your appointment we will send a questionnaire to you and the school. We will also get a detailed report from the school



• Once all this information is available your child will be reviewed in clinic at the Gem Centre.



• If information from school and our assessment along with history is suggestive of ADHD we will discuss different options of management with you including medical intervention



• If questionnaires and school report are inconclusive your child will be offered a QB test or school/home observation depending on their age.



• Once diagnosis is confirmed you will receive the ADHD pack.



If medication interventions are necessary, we will discuss options of medication how they work and side effects.



• Once medication has started your child will be reviewed in clinic in 6-8 weeks.



Clinics are run by a Consultant and/or ADHD Specialist Nurses



- Your child will require regular follow up to monitor growth and blood pressure
- We also monitor compliance and any known side effects



#### **MEET THE TEAM:**

Dr. Sawal, Consultant Paediatrician

Dr. Mano, Consultant Paediatrician

Dr. Khan, Speciality Doctor in Community Paediatrics

Emma Heath, ADHD Clinical Nurse

Abbey Clarke, ADHD/ASD Clinical Nurse Specialist

Nicki Drew, Public Health Associate ADHD Team

### What is a QB test?

A QB test is an objective test for patients aged 6 - 60.

It involves a 15–20-minute computer-based test with motion tracking.

The test uses age and gender matched comparisons to assess your child's ability to concentrate, movement and impulsivity.

### **Further Information**

Cerebra: Working wonders for children with brain conditions

https://cerebra.org.uk

**ADHD Foundation: The Neurodiversity Charity** 

https://www.adhdfoundation.org.uk

#### **ADHD Information Services**

http://www.addiss.co.uk

#### **ADHD UK**

https://adhduk.co.uk

# The Challenging Behaviour Foundation

https://www.challengingbehaviour.org.uk